



CDR Model

Tips for Taking Your Debriefing Strategy to the Next Level

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Contextualization

- Analyze the learners' mental representation of the lived situation
- Learners reflect in their actions within the context of the case
- Traditional debrief/feedback on a situation



Decontextualization

- Learners deliberately abstract their skills and knowledge to apply to a **NEW** situation
- Debriefer helps learners recognize differences and similarities between familiar situation and a new situation



Recontextualization

- Debriefer verbally leads the learner to apply problem-solving strategies to new related situations
- Learner & debriefer use past experiences to springboard on how to adapt strategies to **"what if?..."** situations

Potential Application to CME Formats:

- Skill-Based Workshops
- Simulation-Based Education
- Case-Based Discussions
- Flipped Classroom Model of Teaching
- CME Assessment / Commitment to Change/ CME for MOC Reflection